

## Various Artists

# "You Can't Stop the Beat"

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You can't stop an avalanche as it races down the hill  
You can try to stop the seasons, girl but you know you  
never will  
And you could try to stop my dancing feet  
But I just cannot stand still

'Cause the world keeps spinning 'round and 'round  
And my heart's keeping time to the speed of sound  
I was lost 'til I heard the drums then I found my way  
'Cause you can't stop the beat

Ever since this whole world began  
A woman found out if she shook it she could shake up a  
man  
And so I'm gonna shake and shimmy it the best that I  
can today

'Cause you can't stop the motion of the ocean or the  
sun in the sky  
You could wonder if you wanna but I never ask why  
And if you try to hold me down I'm gonna spit in your  
eye  
And say that you can't stop the beat

You can't stop the river as it rushes to the sea  
You can try to stop the hands of time but you know it  
just can't be  
And if they try to stop us, Seaweed, I'll call the NAACP

'Cause the world keeps spinning round and round  
And my heart's keeping time to the speed of sound  
I was lost 'til I heard the drums then I found my way  
'Cause you can't stop the beat

Ever since we first saw the light  
A man and woman liked to shake it on a Saturday night  
So I'm gonna shake and shimmy it with all of my might  
today

'Cause you can't stop the motion of the ocean or the  
rain from above  
You can try to stop the paradise we're dreaming of

But you cannot stop the rhythm of two hearts in love to stay

'Cause you can't stop the beat

You can't stop my happiness 'cause I like the way I am  
And you just can't stop my knife and fork when I see a  
Christmas ham

So if you don't like the way I look, well, I just don't give  
a damn

'Cause the world keeps spinning round and round  
And my heart's keeping time to the speed of sound  
I was lost 'til I heard the drums then I found my way  
'Cause you can't stop the beat

Ever since this whole world began  
A woman found out if she shook it she could shake up a  
man

And so I'm gonna shake and shimmy it the best that I  
can today

'Cause you can't stop the motion of the ocean or the  
sun in the sky

You can wonder if you wanna but I never ask why  
And if you try to hold me down I'm gonna spit in your  
eye

And say that you can't stop the beat

Oh, oh, oh, you can't stop today as it comes speeding  
down the track

Child, yesterday is history and it's never coming back  
'Cause tomorrow is a brand new day and it don't know  
white from black

'Cause the world keeps spinning round and round  
And my heart's keeping time to the speed of sound  
I was lost 'til I heard the drums then I found my way  
'Cause you can't stop the beat

Ever since we first saw the light  
A man and woman liked to shake it on a Saturday night  
And so I'm gonna shake and shimmy it with all of my  
might today

'Cause you can't stop the motion of the ocean or the  
rain from above

They can try to stop the paradise we're dreaming of  
But you cannot stop the rhythm of two hearts in love to  
stay

'Cause you can't stop the beat

Ever since we first saw the sun  
A man and woman liked to shake it when the day is  
done  
And so I'm gonna shake and shimmy it and have some  
fun for today

You can't stop the motion of the ocean or the rain from  
above  
You can try to stop the paradise we're dreaming of  
But you cannot stop the rhythm of two hearts in love to  
stay  
You can't stop the beat

You can't stop the beat  
You can't stop the beat  
You can't stop the beat  
You can't stop the beat!

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