

Various Artists

"Them Not So Dry Bones"

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Lyrics & Music by: George Newall

Performed by: Jack Sheldon

Them bones, them bones, them dry bones,
Now they're the working of the Lord.

Bones are heard of, but seldom seen,
'Cept each year'round Halloween.
But I've got a shockeroo,
Right now there's a skeleton locked up inside of you.
(Ha-ha-ha)

Minus bones you're just a blob,
Being framework's their main job.
All your organs, muscles, too,
They need your bones to hold them safe and sound
inside for you.
Your heart and lungs are tucked away,
In there behind your ribs.
Those bones have been protecting them
Since we were little kids.
Lookout, here comes a bonehead play!
Birdin' his brain, (Tweet, tweet, tweet) what a day!

Don't take much to overwhelm it,
But luckily those bones up there work like a built-in
helmet!
Shin bone connected to the knee bone
(That means the tibia connects to the patella)
Knee bone connected to the thigh bone
(That means the patella connects to the femur)
And here's how they really fit together.
Ligaments are what link bone to bone.
Cartilage that cushions in between.
Muscles hook on, by the tendons,
So here's what's happenin' in your knees most ev'ry
time you bend 'em.

Now there's a lot of skeleton
We never get to see,
But It holds other little parts

That show quite obviously.
I'm talkin' 'bout those thirty-two
That we all call our teeth.
We gotta feed 'em right and keep 'em clean,
Or they can come to grief. (Ouch!)

So please remember,
You got to do it while you're young
Feed your bones some good old calcium
Drinking milk-a glass or two-
Will help your bones to stay in shape and do
their job for you.

(Your skeleton)
It's a framework, (Yes, yes) holding you together.
Shielding organs, Yeah, that's its job, too

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