

Missing, The "Bleed"

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"when the voices whispering
have become unkind
i try to shut them out
but they will not die
i can't push the urge away
searching for release
to let what's inside out
help me please

when i'm lost and beaten down
until i'm numb again
i remember i'm alive
the only way i can
i will hide it all away
so you cannot see
i only punish myself
in secrecy

this is what i get
this pain is all i need
it's better when i hurt myself so
just let me
bleed

any damage that you see
is covered up by lies
it is only from myself
that i cannot hide
through the years i have not learned
to accept my shame
but this i learned from no one else
i am the one to blame

this is what i want
this pain is all i need
it's better when i hurt myself so
just let me
bleed

maybe one day i'll be free
of my disgust and doubt

i don't need your pity please
i'll find my own way out
maybe one day i'll have the strength
that i hope to find
but 'til then i'll take the blade
just one more time

this is what i am
i wish i did not need
i'm sorry but i hurt myself so
just let me
bleed

just let me bleed"

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