

## Vanilla Ninja

### "Help!"

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Elp, I need somebody,  
Help, not just anybody,  
Help, you know I need someone,  
Help!

When I was younger, so much younger than today,  
I never needed anybody's help in anyway.  
But now these days are gone, I'm not so self assured,  
Now I find I've changed my mind, I've opened up the  
doors.

Help me if you can, I'm feeling down  
And I do appreciate you being 'round.  
Help me get my feet back on the ground,  
Won't you please, please help me?

And now my life has changed in oh so many ways,  
My independence seems to vanish in the haze.  
But every now and then I feel so insecure,

I know that I just need you like, I've never done before.

Help me if you can, I'm feeling down  
And I do appreciate you being 'round.  
Help me get my feet back on the ground,  
Won't you please, please help me?

When I was younger, so much younger than today,  
I never needed anybody's help in anyway.  
But now these days are gone, I'm not so self assured,  
Now I find I've changed my mind, I've opened up the  
doors.

Help me if you can, I'm feeling down  
And I do appreciate you being 'round.  
Help me get my feet back on the ground,  
Won't you please, please help me?  
Help me,  
Help me.

