

One.Be.Lo f/ Decompoze ''Sportz Illa''

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[Intro - Decompoze]

Yo, it's time to get ready for the season, y'knahmsayin? With the program, you don't know what the program We gon? have to show you how we keep it Sports Illustrated

That's right, mental practice, yo lyrical scrimages Yo, won't my man step out the dugout and lead this off?

[Verse 1 - One.Be.Lo]

Straight out the batter's box, steppin up to your mental plate

Throw me everything you got, grand slam is what I innovate

Lyrically I'm bases loaded, this is it, pitch a bitch if you want some

Somebody in the crowd'll catch my home run, every time I'm on the mic

just gimme somethin I can work with, I knock 'em outta sight

The bottom of the 9th I'm swingin like Kirby Puckett Chewin on tobacco, aimin for the bucket

Spit, cancerous rhyme after rhyme

Rookies ride pine while the crowd ride mine

I ride with Compoze, Trackazoids family

We told you "Who's on first?" like Amos told Andy

Southpaw pitcher on the microphone

Easy as 1-2-3, gettin down in your strike zone

Fireball, fastball, how you like my pitchin?

Swing batter batter swing, you still missin

How you get a record deal? You ain't a DH

I ain't a PH; you just got lucky and made some contact

Now you wanna act, pop fly

What the hell was you thinkin of?

Knowin that my Glove show me love

[Chorus: Decompoze - repeat 2X]

You tried to play defense but still we made it

So you wanna bring your lyrics to the field and play it?

Anybody make it rain then we will delay it

The Trackezoids always keep our Sports Illustrated

[Verse 2 - One.Be.Lo]

Somebody said wack MC that's when I thought of you Let me tell you what you oughta do before I slaughter you

Go ahead and call your crew, it'll take at least all of you to drop a article, equivalent to this atomical Try to spit your verse if at all possible Cause when it's my time to pass, I call an audible Watch the back, black, call me Barry Binary Run with the tongue at least 20 yards per carry Handoff, bust through the hole and break tackles Touchdown, throw your hands up, I'm in the zone now Instead of Icky it's the Binary Shuffle (do the shuffle y'all)

Whoever wanna scuffle better work on their rehussle Cuz every song strong like Arnold Schwarzenegger Jerry got the contracts on the table from the labels Man, just because they bringin home the bacon? see you later

I crave soul food without the pork flavor

[Chorus]

[Outro - Decompoze] (One.Be.Lo)
Illustrated, yeah, Trackezoids
Poze, One.Be.Lo, this is how we do, yo'this is how we do
(That's just the first issue, y'knahmsayin?)
Yo, that's how we do (stay tuned for the second
edition)
Yo, that's how we do, yo that's how we do
Do-do-do-do, do-do-do

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