

## Us 3 "Grand Groove"

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Since before my adolescence remembrance of you  
commence  
Will never forget how you taught a scrub to catch and  
connect  
With pitchin', we'd sit and watch the Mets and Yankees  
As bad as I was, can't remember if ya spanked me

While babysittin' this nigga, you became a father figure  
Mowed the lawn with ya whenever, bourbon was your  
liquor  
Who'd figure the strongest man I knew could have a  
bad ticker  
And the last time we'd see each other was Christmas  
'95

Without ever havin' a chance to say goodbye  
You left the summer of '96, the 1st of July  
Now reside in peace, released from all the pressure  
and pain  
Your grandson proclaim the name, Nelson forever  
reigns

Grand Groove, king of my crew  
Grand Groove, I dedicate this to you

You moved from Queens to Tennessee when in my  
mid-teens  
Later Atlanta, adopted Eileen when she was umpteen  
Provided cream for your fam for years, retired  
Now I understand what it is to be a man upon this  
planet

Took for granted the times you'd trip to NY on vacation  
Thinkin' you'd be around for ever, probably neglected  
you  
Unconsciously, the thought of me MCing made ya bug  
Vividly at times imaging our last hug is bugged

Don't seem to realize you ain't comin' back, a routine  
check  
How, while getting' dressed, did stress give you a  
heart attack?

Now reside in peace, released from all the pressure  
and pain  
Your grandson proclaim the name, Nelson forever  
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We laughed for hours when you fell from off that  
bicycle  
'Til tears trickled down my face, memories never  
erased  
Laced with wisdom reflect up on my upbringing  
Remember, you never missed a day  
My school had me singing "Forever in my heart"

Never forget how much I love you  
Thinkin' of you I miss the times together where it's  
better  
You now reside in peace, released from all the  
pressure and pain  
Your grandson proclaims the name, Nelson forever  
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