

Ugly Duckling

"Slow The Flow"

Visit "[Slow The Flow](#)" on MotoLyrics.com

[Andy Cooper] Uh-huh! Just relaxing! Yeah, feels good
Uh-huh, kinda funky Here we go! [Dizzy Dustin] +
(Andy Cooper) It's half past eight and you're late for
work Your stopped in gridlock and you're going berserk
(Uh-huh) Put in overtime five days a week (Okay) Pullin'
out your hair for stress relief But you gotta compete so
you get no sleep, (Yup) You want the good life but it
don't come cheap (Nope!) Climbin to the top of the
totem pole, You'll fall and break your neck man slow
the flow [Andy Cooper] Now I'm from southern
California, home of the laid back We don't go lookin'
for a needle in a haystack And I say that in a subdued
mood Kick it on the beach, eat a little Mexican food But
you, I don't understand, what's the rush? All flushed
Mad like you missed the bus Another one's comin' in
about ten minutes Man you don't gotta push yourself to
the limit [Chorus: Andy Cooper] Slow the flow, relax
your mind Gain control, take your time Slow the flow,
relax your mind Gain control, take your time [Andy
Cooper] Uh-huh, uh-huh Yeah! (*Young Einstein
cuts'n'scratches*) "Slow the flow!" Uh-huh "I like to let
my rhymes flow!" - - >Rakim "Slow your flow!" Relax,
man - - > Andy Cooper "I like to let my rhme flo-flo-flo-
flow Dizzy Dustin! [Dizzy Dustin] + (Andy Cooper)
Forget about the weekdays, ready for the weekend
bring your swim trunks and jump into the deep end
(Stop!) for a minute or two and take a look at the view I
guarantee you'll see something new We only have two
seasons; summer and spring So rock your flip flops
and your cutoff jeans If you live in Long Beach then you
know that I mean California dreamin' where it's all
routine [Andy Cooper] A situation comes that so soon is
past and you'll catch whiplash movin (What?) so quick
fast (Fast, fast, fast) Fast, so fast, you risk breaking a
limb You're looking for satisfaction; mistaken again
King Solomon sang it's like chasin the wind, You need
to slow down start takin' it in You need to slow down
start takin' it in You gotta slow down start takin' it in You
betta slow start takin' it in, start takin' it in [Chorus:
Andy Cooper] Slow the flow, relax your mind Gain
control, take your time Slow the flow, relax your mind

Gain control, take your time Slow the flow, relax your
mind Gain control, take your time (I like to let my
rhymes flow - - > Rakim) Slow the flow, relax your mind
Gain control, take your time [Andy Cooper] Uh-huh, uh-
huh In London, slow the flow New York, slow the flow
Shanghai, slow the flow In Berlin, slow the flow In
Tokyo, slow the flow Rio De Janeiro, slow the flow In
Sydney, slow the flow Moscow, slow the flow In Seoul,
slow the flow Long Beach, you don't keep it slow! (Oh
yeah, say what) Let's get outta here! (Yeah, oh yeah,
say what? Yeah, oh yeah, say what? (Yeah..) And one, a
two, three, four, five, a six A seven, a eight (Yeah!)
Here are some of the ways we survive (Alright!) There's
always shoplifting at the ? Pay for a pack of gum and
steal a steak Or insecurity is too close by (What you
going do?) Eat the cheese right there I said enterprise,
you got to enterprise, enterprise You got to enterprise,
? Bicycle stealing, used to be (used to be), good until
the syndicate got all in it But you can now and then...

Visit [Ugly Duckling](#) page on MotoLyrics.com, to get more lyrics and videos.

[MotoLyrics.com](#) | Lyrics, music videos, artist biographies, releases and more.