

Muphin f/ Bias B**"Sometimes"**

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[Chorus: Muph] And sometimes you feel no worth and
Sometimes you feel like dirt and Sometimes things
don't work and Sometimes you bottle up the hurt and
Sometimes I get lost on the Earth and Sometimes I
wanna give up the search And sometimes depression
makes you berserk Sometimes you've got to put
yourself first [Muph] And sometimes there's no sign of
sunshine Twist the blinds, give up on the summertime
Underline the way they undermine And I'm now caught
with depressive thoughts Expressive through talk,
chalk-like edges And sometimes I don't wanna make
the effort Maybe I wanna feel neglected Protected by
the security of secrecy Obscurely they believed in me
But maybe it was better as a dream for me And
seemingly we all face the sorrows Hoping for a better
tomorrow And on we go after we pick up the pieces
Needless to say we'll be back again another day In
another way, I guess it'll be ok But sometimes it's not,
stuck in this one spot A one stop to depression Through
the eyes of my sister I'm learning the lessons Hoping
that she's stepping in a positive direction And some
questions are never answered and some aren't even
asked Help me escape and take the best path A fresh
start to get where I belong But maybe I'm here already
upon on these songs Or maybe I fucked it up and it's all
wrong Maybe I should stay strong when it feels wrong
When it feels wrong, stay strong Stay strong, stay
strong [Chorus] [Bias B] Sometimes I find I'm in this
frame of mind Wish I could rewind my life and try a
second time Look in the mirror, all the happiness was
left behind Deal with this stress of mine Will I ever find
a place to escape? The way I feel inside I realised
nothing changes if I shield my eyes From the everyday
drama that lurks around each corner Time moves
faster and the karma sorta Follows me round, I'm
feeling down on my luck When life sucks and I can't
remove this frown, it's stuck And now it's up to me to
make a change Thought I'd take the pain, maybe place
the blame On somebody else, but I'm not asking for
nobody's help A lack of love is felt, and so I'm out for
self And sometimes I'm so alone feeling hollow

Sometimes don't wanna see the sun shine tomorrow
And I begin to follow the wrong path It's a long dark
road and as I start To retrace my steps from the place
where I came To make the same mistakes and then
complain To the world, I don't deserve this I'm feeling
worthless, I'm feeling worthless Do I deserve this? Do I
deserve this? Do I deserve this? [Chorus] [Muph] That
empty space, I need to fill it How long will it take to just
kill it? That feeling that I'm dealing with Stealing this
gift with a swift nick and every so quick I slip from that
click of what felt right And the time continues to tick on
my life On the side I felt content, I felt it when Things
were on a roll, I'm tryin to hold onto my soul And tolls
will be paid A refreshing spray today, depression walks
away The roller-coaster, ups and downs Some laughs
and frowns and many times I've found Myself seeking
for some help Believing in what I've felt And sometimes
we're dealt the wrong cards And sometimes people
with the easiest lives think it's too hard Too far to go, I
don't think so Just need to take it slow, there's a lot that
I know And a lot that I don't and a few things are for
sure But surely I know just a little bit more I've got a lot
to explore, even more to ignore But what I really want
to know is what am I here for Lot to explore, even more
to ignore But what I want to know is what am I really
here for [Chorus] [Bias B] Sometimes I'm feeling kind
of hopeless Sometimes I see I'm losing focus when
Sometimes I wish I had someone to hold me and
Sometimes wish someone had've told me that
Sometimes you're gonna lose your path Sometimes
they're gonna break your heart and Sometimes you're
gonna pay the price and Sometimes you wonder why
you live this life

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