Muphin "Smoke Stained"

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[Verse 1] It's the nicotine that brings the smokescreen To my bigger dream, swept into the river stream An inner beam of addiction Now it's like I'm contradicting if you took the time to listen Admitting that this shit just ain't right But I'm tryna find the light, I smoke a pack a night I might just get them patches But right now could you please just pass those matches? Spastic so I spark it up backwards A short walk and I'm totally knackered Another packet, wondering if my lungs will hack it The fact is this is some sad shit I got shear talent like Trem but it doesn't help when My throat twists and bends with a buildup of phlegm Suspense my projection and when I'm stepping I get out of breath when I've exceeded my limits I've cheated myself out of my fitness Now I'm clouded with this shit An intense stench that makes the wench wanna hide I may look alright on the outer but you don't wanna see the inside Charcoal, ash, black crap and gunk I just wanna spit out this junk A real punk in his truest form, the smoke does swarm So now you've been warned cause I'm smoke stained [Chorus] I'm smoke stained (so smoke stained) So smoke stained (yeah I'm smoke stained) I'm smoke stained (you're so smoke stained) Just so smoke stained (I'm smoke stained) I'm smoke stained (so smoke stained) Yeah I'm smoke stained (smoke stained) I'm smoke stained (just so smoke stained) So smoke stained (I'm smoke stained) [Verse 2] This ain't the shit that'll get you mellow This is the smoke that'll make your fingers yellow This is the wack shit that makes you feel real shallow I was "Hello, Mrs. Ciggy" She was quick to hit me, shifty and quite bitchy Now it's like I fuck her fifty times in three days I know there's more than three ways to get away And now I believe you when you'd say it's a waste of your pay I lay on my back and think maybe I should've got into the crack Nah but seriously man I ain't fucking with that Hope my lungs don't collapse In fact I've got an aunt with emphysema That should be inspiration enough to get these lungs cleaner But you're a dreamer if you think that'll make me stop Now what I've got to do is chop down the numbers Maybe a couple a week instead of

like a hundred Or none, that could bring my lungs up to the summit With nice fresh air, let's hold that moment And now I've spoke it, I'm choking the smoke back out there My lungs are out there and I'm smoke stained [Chorus]

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