

Muphin

"Downward Spiral"

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And you say Melbourne city {*X2*} [Verse 1] It's not pain, it's not the loss and it's not the gain It's not that I don't give a toss and it's not that I'm too game It's definitely not simple and plain It's what's called drains, can't exactly explain Can't work out from where it came Can't point the finger and blame but all the same I've played the part, hid behind the scarf Strayed from the path, the mask was worn Heart was torn, since I was born I've strayed from the norm and their uniform lies Visualise me with the key to survive and economise Perform live, strive and accomplish Whilst always remaining honest, the pompous got honours The mind was with the scene Used to feel like a decent human being But lately the things that I've seen The thoughts that I've thought, the way that I've been Doesn't really seem like I'm swimming in the stream Directed at my dreams Mister Sheen, I'm really quite keen Can't you clean up my act so I can see the tracks? And get back to where I was headed I've done many a thing that I've regretted But the best thing to do is just forget it I'm sorry body if I left you neglected [Chorus] {X2} The downward spiral, round and round like a vinyl Twisting, turning, aching Hurting flames, pain and burning The downward spiral, the downward spiral [Verse 2] No sleep, very little to eat I concentrate ever so deep, rap to a beat Sink some piss and then I put up my feet No time for grief, I'm tired of the speech The leech sucks at my energy I'm always tired both physically and mentally They say eventually that things will fall right into place but I still stand and stare at space Are you prepared to take faith with a firm grasp? Been a while since I sincerely laughed till my gut ached Harsh remarks spread sparse, I'm lurking in the dark Searching for my prey just like a shark My heart seems to be losing its feel Like that perfect girl is now losing her appeal Similar to the youth but still you lose your conscious At the same time I lost a little confidence Nonsense filled my brain and became an idiosyncrasy Part of my character, I guess now the cold chills have gotten into me Similarly I've seen people take the opposite turn I earned a little holiday from being a kind

citizen I leap into the downward spiral [Chorus] {X2}
[Verse 3] She lost that spark, so did I Still question why,
try to defy the odds Got along without a steady job
Robbed of usual passion Often imagine how dope I
would make it Previously I stated that my life was
sacred and I can't waste it, damn I can't Charming,
won't, don't let me give up Nup, you must leave those
depressive ideas crushed You must trust self, starting
to feel the urge to surge Splurge and search Solomon's
track "Love for Life" struck a nerve I heard loud and
clear So now the downward spiral is out of here It's out
of here, it's out of here Get the fuck out of here
Surprising, rising, hoping, floating Coping, soaked in
the richness of life Surprising, rising, hoping, floating
Coping, soaked in the richness of life

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