

## Morissette Alanis

### "These Are The Thoughts"

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These are the thoughts that go through my head  
in my backyard on a sunday afternoon  
when I have the house to myself and I am not  
expending all that energy on fighting  
with my  
boy  
friend  
Is he the one that I will marry  
and why is it so hard to be objective about  
myself why do I feel cellularly alone  
am I supposed to live in this crazy city  
can blindly continued fear-induced regurgitated life-  
denying tradition  
be overcome

Where does the money go that I send  
to those in need, if we have so much why do some  
people have nothing  
still why do I feel frantic when I first wake up in the  
morning  
why do you say you are spiritual, yet you treat people  
like shit

How can you say you're close to God, and yet you talk  
behind  
my back as though I'm not a part of you, why do I say  
"I'm fine"  
when it's obvious I'm not, why's it so hard to tell you  
what I want  
why can't you just read my mind?

Why do I fear that the quieter I am  
the less you will listen  
why do I care whether you like me or not  
why's it so hard for me to be angry  
why is it such work to stay conscious and so easy to get  
stuck  
and not the other way around

Will I ever move back to Canada  
Can I be with a lover with whom I am a student

and a master, oh why am I encouraged to shut my  
mouth  
when it gets too close to home, why cannot I  
live in the moment

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