

Minds Simple

"30 Frames A Second"

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Today I saw a film going backwards

Thirty Frames A Second

Was a man I recognised

Say who you are

I lost my job

Security

Self confidence

Bank account

Identity

The league of youth

Coming backward at me

Thirty Frames a second

Say who you are

Go back to father

Father where's my food?

You food is on the table

That can't be food

It's dirt

Say who you are

Look at my skin

Look at my face

Look at my arms
Getting younger
Going backwards
Thirty Frames A Second
Say who you are
I crash my car
Collapse in town
Young immigrants
And legionaires
Fighting back back backwards
Thirty Frames A Second
Say who you are
Some friends of mine
I thought were dead
A coming back
"What are you doing coming back
Jack"
Say who you are
Feel I'm going backwards
Thirty Frames A Second

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