

Mick Jagger % David Bowie "Love Hurts"

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(25% of the couples in this country are estimated to be in violent relationships)

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(That is a fact)

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[VERSE 1: The Poetess]

Growin up as a kid I never understood the things my dad did

Like hittin my mother, me and my brother hid In the parlor from the chaos, the cryin and the cussin The fightin and the fussin

I used to go to bed holdin my ears tight
Filled with fear when I hear moms and pops fight
I never quite understood what the reasons were
How could he love my mother if he kept on hittin her?
I don't know, but what I do know is this
Love hurts when it's comin from the throw of a fist
And the list goes on from the mental to the physical
Use of verbal abuse, beatdowns, it ain't cool
It's bad enough we got it rough in society
Opression and poverty, no need to be fightin each other, a brother hits a sister, and he's a bigger
nigga

He ain't nothin if he gotta hit, pick a
Innocent victim three times smaller in size
Head honcho, macho in whose eyes?
Only a fool tries abuse to utilize
Phyisical force to control, hurt, brutalize
Time for change, to rearrange the chain of thought
Unball your fist and think of the pain was brought
To the hearts of your brother or your sis
Love hurts when it's comin from the fist

[Def lef]

Now I want you to think of six women that's close to you And I want you to think if somebody was beatin on em What would you do?

[VERSE 2: Def Jef]

I wish my step pop would stop hittin on moms She got bruises on her arm from protectin her face from harm

Bein done he looks at me and says, "What you're seein, son

Is me disciplinin my woman

You're gonna hate me for the rest of your life But this is my wife"

And I'm thinkin I wanna stab him with a steak knife Too little to interfere, I wish he would disappear But he won't, so I put the pillow over my ear in fear Dreamin when I get to be a man I'ma stand up to him If I see him hit her again I'ma do him I encourage her to go, she says, "No

I love him, I stay"

"Mom, what you see in that idiot anyway?

He beats you and mistreats you

Daddy wouldn't do that"

But she said: "Your daddy did it too"

Ain't that much love in the world to be gettin bruised for Used, abused or even singin the blues for

He's addicted to inflictin abuse, he said he'll quit If he's the one with the habit, then why you always takin the hit?

A weak later the same shit - I doubt it I'm grown now, mommy, don't even worry about it

(In 20% of child abuse cases a spouse will be involved in)

[VERSE 3: The Poetess]

I was twelve years old when daddy started to get rough Puff in one hand, the other holdin a glass of that 80 proof stuff

He never got enough, I thought he was tough, but it was all a bluff

I tried to understand and got verbally beat down But I thought one day he would come around But man, oh man, was I mistaken Nothing's right in his life and the abuse I was takin I was accused of things I never thought of Good grace got no praise But I got a lotta negative words thrown in my heart like

a dart

With the point of steel

Killin me softly at his will

The big one came when I got the blame for Not bein the joy of a boy that he aimed for One day I came home, he was sittin in the chair by the front do'

Just waitin to let go

(Where you been all night, out hoein?)

He didn't raise, rolled up in his gut, I got a blow

And that was it, the last hit, he'll ever do

The pearl handle was popped and cocked and it blew

The only thing on my mind was payback, let's say that

I've put an end to that madness and pray that

I can overcome what mentally dad did well

While I count the days in my padded cell

(Several women a day are killed by ah, battering)

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[VERSE 4: Kool G. Rap]

Does he love her or does he hate her?

That's what I'm thinkin as I look at mommy hooked up to a respirator

It started with a smack

And that smack became a punch and then a kick and then a broken back

But mommy never dropped dime

Now she's damn near blind, yo, what the hell is on my pop's mind?

I feel like gettin daddy done in

And put like one in his gun and pull the trigger and start runnin

Man, I see the walls turnin red

I'm gettin kinda fed so instead of the lead, how bout a burnin bed?

In order for my mother to last

So while he's laid up, straight up, I be puttin some gas on his ass

Blow him up like a grenade

And this is for all the times my mother used to wear shades

Tryin to cover the damage he did her

So when that fire's on your ass you remember how you hit her

[The Poetess]

This is a special dedication for my sister Dee and all the sisters out there that have been physically and mentally abused
I like to send a special thanks to Def Jef
And my sister Almighty
and definitely Mister Kool G. Rap
Peace from the Poetess

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