

Mary Poppins Soundtrack

"A Man Has Dreams"

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Mr. Banks and Mr. Dawes Sr:
A man has dreams of walking with giants
To carve his niche in the edifice of time
Before the mortar of his zeal
Has a chance to congeal
The cup is dashed from his lips
The flame is snuffed aborning
He's brought to rack and ruin in his prime

My world was calm, well ordered, exemplary
Then came this person, with chaos in her wake
And now my life's ambitions go with one fell blow
It's quite a bitter pill to take

A spoonful of sugar that is all it takes
It changes bread and water into tea and cakes

A spoonful of sugar goes a long, long way
'Ave yourself a 'ealthy 'elpin' ev'ry day

You're a man of 'igh position
Esteemed by your peers
And when your little tykes are cryin'
You 'aven't time to dry their tears
And see them grateful little faces
Smilin' up at you
Because their dad, 'e always knows
Just what to do

You've got to grind, grind, grind
At that grindstone
Though child'ood slips like sand through a sieve
And all too soon they've up grown
And then they've flown
And it's too late for you to give
Just that spoonful of sugar
To 'elp the medicine go down
The medicine go down, the medicine go down.

