

Marie-Lynn Hammond

"Menopause Blues"

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Im a woman, I lead a womans life
Ive had three kids, Ive been a dutiful wife
along the way I suffered every female complaint
enough to try the patience of a female saint
now Im pushing fifty, figured Ive paid my dues
whats my reward? Its the menopause blues

The menopause blues, the menopause blues
hot flashes flashin from your hair to your shoes
brittle bones, insomnia and puttin on weight
except for the above I guess Im feelin great
you say some women have no trouble, well thanks for
the news
the rest of us are stuck with the menopause blues

I went to my doctor, I said is there a cure
she bit her lip and handed me a pink brochure
about the miracle of hormone replacement pills
the modern way to fix those pesky change-of-life ills
but oops! They might cause cancer - and Im sposed to
choose?
Good luck with sorting out all your menopause blues

The menopause blues, the menopause blues
hot flashes flashin from your hair to your shoes
so wheres the peace and wisdom that old age brings?
Im feelin like a yo yo with these wild mood swings
would Medicare reimburse me for a round-the-world
cruise?
I need a little compensation for these menopause blues

They say dont fret over these changes that are comin
on
the benefits may well outweigh the pains
they tell us its a natural phenomenon
well so are earthquakes and hurricanes - and
rattlesnakes!

The menopause blues, the menopause blues
hot flashes flashin from your hair to your shoes
at least theres no more unplanned pregnancy fear

a pity my libidos also disappeared
comin soon to a body near you and you cannot refuse
so wed better get used to the menopause blues
yes wed better all get used to the menopause blues

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