King Cannons "Time To Yourself"

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Time to yourself is what you need to be well.

Time to not be hearing people fighting and a shouting
Time to ease up your body, your mind as well.

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Time to not be hearing people fighting and a shouting
Time to ease up your body, your mind as well.

Be time to work, when it be time to roll.

Be time to jam, I got no time for my girl.

Feet up and resting, I should be out in the world.

In the busy city you know,

My ears the catch afire, from the bad words that you say.

My back it is a breaking from support that you need. Nonsense demands, nonsense calamity. I hear it every day,

Man, them struggle, try to be a winner.

Try to get up ahead, and never rest till he break even.

Try to be kind, loving and grateful,

But needs that opportunity to take a little time to breathe and you know,

Time to yourself is what you need to be well.

Time to not be hearing people fighting and a shouting
Time to ease up your body, your mind as well.

(Chill out, kick back, you need,)
Time to yourself is what you need to be well.

Time to not be hearing people fighting and a shouting
Time to ease up your body, your mind as well.

It always,

Be time to work, when it be time to roll.

Be time to jam, I got no time for my girl.

Feet up and resting, I should be out in the world.

In the busy city you know,

I don't wanna be a bad man, no no no I don't wanna do nobody no wrong I don't wanna be the one that's gonna stand around and knock it.

I want to be in a cool cool place, makin' a sweet racket. Clear out my head, let the rhythm beat out my blues Get outta that old, and start livin' it up again in the new,

Time to yourself is what you need to be well.

Time to not be hearing people fighting and a shouting
Time to ease up your body, your mind as well.

(Chill out, kick back, you need,)
Time to yourself is what you need to be well.

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It always,
Be time to work, when it be time to roll.
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