

## Tom T. Hall

### "Why Is It So Hard to Say No"

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(Tom T. Hall)

Why is it so hard to say no it's only a two letter word  
It's not that we say something weird  
It's nothing that they haven't heard  
Why is it so hard to say no it's just as easy as yes  
Some people do things that they shouldn't be doing  
Because they can't say no I guess.

Why is it so hard to say no are there some feeling's to  
hurt  
What do they expect when someone suggests  
Let's go outside and eat dirt  
Why is it so hard to say no instead of just saying OK  
No means I don't and I won't and I can't  
In other words no means no way.

--- Instrumental ---

Why is it so hard to say no it's hard to say no to a friend  
But sometimes a friend can be wrong about things  
You have to say no in the end  
Why is it so hard to say no we don't like to let people  
down  
But we must learn to say it and say it politely  
Or people will push us around.

So here is our lesson today a word that can make  
people frown  
A word that can sometimes hurt feelings  
No means only a sound  
Just put your tongue at the top is everyone ready to go  
We're saying that word that is so hard to say  
Are you ready yes well, OK it's no...

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