

## **Tiziano Ferro**

### **"10 Push Ups"**

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haven't been alone in this room for a long time  
I'm actually behind with my self-assessments  
I'm in debt with my introspection  
I've lost the habit of always asking "please"

But I'm tired and devastated by a never changing life  
Made of late nights and late trains  
Meanwhile the risk of finding sex on motorways is low  
So now I remain quiet and think it over

Open window  
Flower in the desert  
And finding yourself dancing once again on a slow  
song  
Something inside screams and sings  
It's still hot  
In your pants

What's there  
Behind your scar  
Is it a bad or a happy story?  
Who knows..so let's do 10 push ups  
10 push ups!

It took me time but I finally realized  
That whoever insists and raises his voice is always  
wrong  
Who chooses to be arrogant pays the toll  
And so...10 push ups, 10 push ups

I need to change by staying the same  
And I'm often afraid of being afraid  
But when you love someone and I mean it  
Everything else is little, everything else is nothing!

What's there  
Behind your scar  
Is it a bad or a happy story?  
Who knows..so let's do 10 push ups  
10 push ups  
I don't know what's  
Behind your scar

Is it a bad or a happy story?  
Who knows..so let's do 10 push ups  
10 push ups

down, down...10 push ups, 10 push ups  
down, down...10 push ups, 10 push ups

for those who never get to grit their teeth...

I let the days go by wearily  
Streets, eyes, grit your teeth hard  
To hide the fear you feel inside your heart  
Don't blame the others try to do your best yourself  
The wind of your hands goes through me  
Storm in my sea between sense and sensibility  
There's a huge difference between spirit and heart  
If you lose the first one , you can find it again...not the  
second!

What's there  
Behind your scar  
Is it a bad or a happy story?  
Who knows..so let's do 10 push ups  
10 push ups  
I don't know what's  
Behind your scar  
Is it a bad or a happy story?  
Who knows..so let's do 10 push ups  
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down, down...10 push ups, 10 push ups  
down, down...10 push ups, 10 push ups

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