

# Throwdown

## "The Only Thing"

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This is the only thing  
The one thing  
The only thing  
I breathe it in  
Breathe it out  
Give it back what it gave me  
This is the only thing  
The one thing  
The only thing  
I breathe it in  
Breathe it out  
Give it back what it gave me  
This is the only fucking thing  
That is here for me every single day  
And the feelings still just as strong  
I breathe it in  
Breathe it out  
Give it back what it gave me and i found myself  
And whats best for me  
To my own

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