

# Throwdown

## "Raise Your Fist"

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Broken down  
Grab a hold of my hand  
Cleanse yourself  
Now set yourself free  
Broken  
Self defeated  
Lost  
You've got to give yourself some discipline  
Fuck yeah!  
Raise your fist in the air..Drug free!!(X2)  
Cleanse yourself  
You dont need it  
Despite what you may think  
Its in your head(X3)  
Its in your fucking head  
Its in your head!  
Raise your fist in the air...Drug free!!(x8)  
Cleanse yourself  
You dont need it  
Despite what they may say  
Cleanse yourself  
You dont need it  
Despite what you may think  
Now set yourself free(X2)  
C'MON!  
Cleanse Yourself  
You dont need it  
Despite what you may think  
Cleanse Yourself  
You dont need it  
Despite what they may say LETS GO!!  
Now Set yourself free!!!  
Free!!  
Set Yourself free

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