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## Thousand Foot Krutch "Moment of the Day"

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The hurt is washed away
But still here I am
In the middle of it all
With heavy hands
And I try so hard, yeahJust to leave behind me
All the chains that bind me.

Won't back down
Won't turn my head around
Quick take a recess
Oops, take another breath
Guess who, whose you, better take another clue
Find out all about just don't doubt
Just don't doubt

And I won't be lost in
These watered down dreams
So round me you won't be caught up
In the moment of the day, yeah
I won't be lost in
These watered down dreams
So 'round me you won't be caught up
In the moment of the day, yeah, alright

The hurt is washed away Still here I am In the middle of it all With heavy hands And I try so hard, yeah Just to leave behind me

All the chains that bind me

Won't back down
Won't turn my head around
Quick take a recess
Oops, take another breath
Guess who, whose you, better take another clue
Find out all about just don't doubt
Just don't doubt, c'mon

And I won't be lost in

These watered down dreams
So round me you won't be caught up
In the moment of the day, yeah
I won't be lost in
These watered down dreams
So 'round me you won't be caught up
In the moment of the day, yeah, alright

Written by Trevor McNevan, Steve Augustine, & Joel Bruyere ©2004 Thirsty Moon River Publishing (ASCAP) / TeeRawk Music (ASCAP/SOCAN) / Pockethood Publishing (ASCAP/SOCAN) / Spinning Audio Vortex (BMI) / WhatTheWhat Music Publishing (BMI/SOCAN)

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