

Lagana Brandon**"Is It You"**

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Talk to yourself," I said over and over again--

holing conversations that are pointless and have no
real end.

Why do you insist on fighting it? Your tongue's all
tangled

and logic spills from your bones.

"Talk to yourself," I said over and over again.

"Run from yourself," you said, "It's better than being
alone--

live in your nd and re-write the rules to survive.

Why do you insist on fighting it? Your tongue's all
tangled

and logic spills from your bones.

"Run from yourself," I said over and over again.

Is it you I see dying in poems alone, is it you writing
your name on your

own stone wall?

Why do you insist on fighting it? Your tongue's all
tangled

and logic spills from your bones.

"Talk to yourself," you said, "It's better than being
alone."

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