

Jarod Patton

"I Know You Do"

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How many times do you try to fix yourself when you
know nothing is wrong
I know you do
How many times do you tell yourself you don't need
anyone, you can do it on your own
I know you do

Refrain:
You don't tell yourself the truth cause
You're trying so hard not to lose

How many times do you lose your grip on reality and
can't keep control
I know you do
How many times do you get overwhelmed with the
world around taking over your mind
I know you do

Bridge:
And I know that you feel you are stuck in these ways,
but there is always room for change
Open your eyes and your heart and your mind
I promise you there is a better way

How many times will you deny the God sent His Son to
die for you
I know you do

So please tell yourself the truth
And stop trying so hard not to lose

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