

## **Kinks, The**

### **"Skin And Bone"**

Visit "[Skin And Bone](#)" on [MotoLyrics.com](https://MotoLyrics.com)

Fat Flabby Annie was incredibly big  
She weighed just about sixteen stone  
And then a fake dietician went and put her on a diet  
Now she looks like skin and bone  
She looks like skin and bone

Do the meditation and yoga  
And she's thrown away the good food guide  
And she's given up the alcohol and pizzas  
And the pies and now she looks as if she's ready to die,  
You can't see her walk by

Don't eat no mashed potatoes,  
Don't eat no buttered scones  
Stay away from carbohydrates  
You're gonna look like skin and bone.

Living on the edge of starvation  
And she says she's got no appetite  
And her father and her mother  
And her sisters and her brothers  
Couldn't see her when she walked by  
You can't see her walk by.

She don't eat no mashed potatoes,  
She don't eat no buttered scones  
Stay away from carbohydrates  
You're gonna look like skin and bone.

She used to be so cuddly,  
She used to be so fat,  
But oh what a sin cos she's oh so thin  
That she lost all the friends that she had,  
She looks like skin and bone

If you look flabby  
And you feel overweight,  
And you wanna lose a couple of stone,  
Take a crash course diet do your daily exercises  
And you'll look like skin and bone.

Come on rattle them bones,  
Put your hands up to the ceiling,  
Bend your hips and touch your toes,  
Do your daily exercises,  
You're gonna look like skin and bone,

Don't eat no mashed potatoes,  
Don't eat no buttered scones  
Don't eat no carbohydrates  
You're gonna look like skin and bone

Visit [Kinks, The](#) page on MotoLyrics.com, to get more lyrics and videos.

---

[MotoLyrics.com](#) | Lyrics, music videos, artist biographies, releases and more.