

## Spine Shank

### "Self-Destructive Pattern"

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Feel the tension of rejection  
Bleach it out with the therapy

The confusion and seclusion  
Turns it into my deformity

Never trusted it, Maladjusted  
I've become my own worst enemy

The aggravation in my fixation  
Keeps it all controlled inside of me

See it all collapsing it's all around me  
This condition is killing me

The isolation still surrounds me  
In remission but it's killing me

(I) It's what I can't control  
(Can't) What I can't control  
(Con) What I can't control  
(Trol) In me

Born again  
I feel so hollow  
Torn again  
My senses fade (Fade)  
Mourn again  
Without the sorrow  
Born again  
Without the blame (Blame)

Force a new solution it's all inside me  
In remission but it's killing me

Evolution is divided  
In remission but it's killing me

(I) It's what I can't control  
(Can't) What I can't control  
(Con) What I can't control

(Trol) In me

Born again  
I feel so hollow  
Torn again  
My senses fade (Fade)  
Mourn again  
Without the sorrow  
Born again  
Without the blame (Blame)

I can't increase the treatment  
It won't suppress the feelings  
Or stop the way I'm getting used to the pain

I can't increase the treatment  
It won't suppress the feelings  
Or stop the way I'm getting used to the pain

Breaking down  
Self-destructive pattern  
Breaking down  
Self-destructive pattern

(I) It's what I can't control  
(Can't) What I can't control  
(Con) What I can't control  
(Trol) In me

Born again  
I feel so hollow  
Torn again  
My senses fade  
Mourn again  
Without the sorrow  
Born again  
Without the blame

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