

## **Hurt Process, The**

### **"Take To You"**

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I'm torn between the obsessive and reality  
Being heard but not listened to breaks me down again  
The world passes by and yet it all remains the same  
But what gives you the right to shame yourself and try  
to break us down hey  
Outburst after outburst leads me to believe that this will  
last forever  
You may as well bury me alive  
There's nothing here for me  
Lack of security within yourself generates this  
depression  
Another name for dormant strength  
I'll take to you like blood to the heart if you listen to  
what I have to say

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