

Jett Joan

"Push And Stomp"

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(Jett-Laguna-Byrd)

When I'm feelin' low, need to let it out
I do a little dance I call the push & stomp
I said hey, I do the push & stomp

Saw you on the street, ya looked a little down
Come along with me, I'll turn you right around
I say hey, let's do the push & stomp

Ya just a shake, shake, shake,
Till your knees are weak
Come on move your hips
To the drummers beat
Yea, push yourself till you're ready to drop
But ya do it again you can never stop
I taught ya

Everybody needs somethin' when they're blue
Ready to unload, I'm Comin' back for you
I said hey, come one and push & stomp

You just a shake, shake, shake
Till your knees are weak
Come on move your hips
To the Crystal beat
Push yourself till you're ready to drop
But ya do it again, you can never stop, baby

Don't let it worry you if ya look a little strange
You'll feel so good inside
Forget yourself for a change oww

When I'm feeling low, need to let it out
I do a little dance I called the push & stomp
I said hey, let's do the push & stomp

Ya just a shake, shake, shake
Till your knees are weak
Come on, move your hips
To the jungle beat

Yea, you push yourself 'till you're ready to drop
But you do it again, you can never stop
You just shake, shake, shake
Till your knees are weak
Come on and move your hips to the drummer's beat
I said hey, I do the push & stomp
I said hey, let's do the push & stomp
I said hey come on and push & stomp

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