

## **Idol Billy**

### **"Adam In Chains"**

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Do you want to be hypnotized  
All you have to do is move your body  
In what ever way feels comfortable for you  
Just let yourself sink into the groove  
And move  
Fix your eyes on a spot  
It doesn't matter where  
Just fix your eyes on on espot  
And begin to relax  
Feel your mind and body  
Beginning to wind down  
Wind down, wind down and relax  
If you have any thoughts  
Just let them drift through your mind  
Like beautiful clouds  
Across a clear blue sky  
Just through your mind and away from you  
Through your mind and away  
As you relax  
Deeper, deeper and deeper relax  
Just let go of stress and tension  
Let go of worry and doubt and relax  
Imagine a staircase standing in front of you  
With ten, wide, safe, stairs  
Down, down to a perfect relaxation  
Down to peace and contentment  
Down towards the happiness that you deserve  
And as I count down from ten  
Take one step with each number  
One step down  
10, 9, 8, 7, 6, 5, 4, 3, 2, 1  
Deeper, deeper, deeper relax  
That's it just let go and relax

You've stolen my heart it's true  
You see the shape of things to come  
Why give up our lives to the brutes and fools  
Tear it all apart  
You see the shape of things to come  
Why? this now girl  
Will we kill each other

Like Adam in chains  
I want revenge  
Like Adam in chains  
I want revenge  
Adam in chains

They've broken your heart  
Ah yeah, they're gonna tear your world apart  
Why make up a lie  
And believe it's true  
Ah, tear it all apart  
I know the shape of things to come  
Why this now girl  
Will we murder each other

Like Adam in chains  
I want revenge  
Like Adam in chains  
I want revenge  
Like Adam in chains  
I want revenge  
Want revenge

In the mind of a madman  
There are colour explosions  
An eclipse of emotion

Why tear our world apart  
Why tear it all apart  
Why tear our world apart girl

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