

Ghetto Twinz

"No Pain No Gain"

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Mamma told me there be days like this you have to be
bout your hustle if you

plan to get rich it always take a nobody to bring you
down and it always take a

somebody to stand their ground have mercy on our
kids today have mercy

surviving nd trying to make a way the killers got me
packin heat I can't trust

them why you wanna capture me straight buckin
there's always gonna be pain in

life, I ain't sayin it's gonna be easy, you got to gain
some strength, just

because I'm from the ghetto it's even harder, I gotta be
strong bustin my a\$\$ for

my son and daughter, don't call me a lie cause I'm livin
proof, slangin drugs,

yes I use to, bust slugs if I have to, so don't tell me
what you can't do or

won't do, just keep your head up and stay true

(chorus) No pain, (no pain) No gain (no gain) Repeat
3x's could be a cook in the

kitchen, a lady on the streets, you can't show your
peeps every guy you meet,

it's alright to be a little sweet but be a momma to them
kids and you know what in the

sheets (repeat chorus 2x's)

Sister I know it's kind hard cause every day you gotta
be strong being both

momma and daddy tryn to hustle now, any way you
can just to bring home the

bacon, baby daddy fakin and keepin your head achin,
takin sh*t on the job payin

\$4.65 and now we feelin like slaves cause the white
man still holds the powerbut

your strength will devour soon, remember
that,because we're Gods children,

strong, fearless and black,fact remain it's still harder
than a muther f*cker,

Lord how long are they gonna try to keep our children
under, don't sit and

wonder, pull yourself up and stand firm, cause every
bit of pain taken is a

lesson learned, you've earned the right to be a queen
girl, so take your thrown,

and if your man is good then be his back bone, we're
strong as Noah's arch we're

gonna make it through the rain again, I know it seems
bad, but we gonna laugh after the pain again (chorus)
repeat 2x's

Out there stugglin and strivin, got me screamin for
help, ain't nobody givin me

sh*t, gotta get myself, got my back against the wall,
got me survivin it, can't

run, can't hide in the mist of the sh*t, who you gonna
call when your kids get

hungry, not baby daddy, he left you lonely, only God
know the pain that we fight

inside, don't you cry dry your eyes either do or die,
momma made us strong women

gotta stay strong women, and bets believe we gonna

make it through the storm

women, never let them see you sweat if your under
pressure, pressure must bite

so don't let them stress you, don't let them get the best
of you, cause if they

do it's gonna get the best of you, so keep true even
though we fightin against

the world precious like a pearl, got me screain f*ck the
world

(chorus) repeat 3x's

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