

## **The Foghat**

### **"Helping Hand"**

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Rod Price / Dave Peverett / Tony Stevens / Roger Earl -  
Knee Trembler Music - ASCAP

Been ignored and I been abused,  
Been mistreated and I've been misused,  
Been discouraged and turned aside,  
Overloaded when my hand's are tied.  
That's the time, when I need a hand - A helping hand, I  
need a helping hand.

{Rod - solo}

Things I do are criticized,  
Ripped to pieces and analyzed,  
I tell the truth and they call me a liar,  
Exaggerator and a magnifier.  
That's the time, I need a hand - A helping hand, I need  
a helping hand  
Yea!

{Rod - Solo}

There were times when I lived alone,  
Lock the doors, disconnect the phone.  
I warn everybody, tell 'em not to call,  
Complete isolation, I need most of all.  
But after awhile I need some company,  
I tell my friends, come see about me.  
That's the time, when I need a hand - A helping hand, I  
need a helping hand

{Instrumental}

Need a helping hand, I need a helping hand,  
Need a helping hand, I need a helping hand,  
I need somebody to stand by me,  
I need somebody to stand by me,  
Whoa yea

{Rod - Solo}

I need a hand, I need a helping hand,  
I need a hand, I need a helping hand,  
I need somebody, I need somebody,  
I need somebody, hey to stand by my me

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