

Eliza Lynn

"Slow Down"

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Slow down, listen to the wind
Give it some time,
It will tell you your mind
Slow down, listen to the wind
Wait with your heart
And you'll move right from the start

I get going fast
Sweat slides off of me as I move past
Sometimes my feet won't touch ground
I lose what I got, I lose what I found

Slow down, listen to the wind
Give it some time,
It will tell you your mind
Slow down, listen to the wind
Wait with your heart
And you'll move right from the start

We're taught to run
We're taught to race
To make our lifelong plans at a high speed pace
Turn yourself into a drill,
Get you through the walls
And up and over the hill

Slow down, listen to the wind
Give it some time, it will tell you your mind
Slow down, listen to the wind
Wait with your heart
And you'll move right from the start

Where you trying to get to?
What's your heart saying you really want to do?
Give yourself time to know
You'll go with the wind
And not against the flow

Slow down, listen to the wind
Give it some time, it will tell you your mind
Slow down, listen to the wind

Wait with your heart
And you'll move right from the start

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