

## Swollen Members "Paranoia"

Visit "[Paranoia](#)" on [MotoLyrics.com](http://MotoLyrics.com)

It's all in your head, you need to unwind  
Your losing your grip, the paranoia never ends  
It's all in your head, what you see in your mind  
There's no reason to trip, the paranoia never ends

Sometimes I stare at the wall when I'm all alone in my  
room  
I'm an abusive, reclusive like Dr. Doom  
Parts of darkness, consent and consume me  
You won't believe the gloomy thoughts that run through  
me

I'm poof, playin' heads when you spend the night  
You leave the next day like, "I don't think his heads on  
right"  
Try to talk to myself but I don't listen  
I got split personalities and competition

And which ones the man that ah, I've got issues  
I could be standin' in front of your face an I'm not which  
you  
Schizophrenia's, Shayne's brain distorted  
Sorta, compulsive obsessive disorder

Mathematical pattern, addict with the cleft mind  
Before I go to bed I hit the light-switch 7 times  
Yes, um, never mind put that knife back  
Mad child, I'm outta my mind but I'll be right back

It's all in your head, you need to unwind  
Your losing your grip, the paranoia never ends  
It's all in your head, what you see in your mind  
There's no reason to trip, the paranoia never ends

There's no one behind you, there's no one beside you  
There's no one beside you, you know as well as I do  
There's no voice inside you, that shadow isn't moving  
You must be losing to confusion, having illusions

Still you wanna prove it, paranoia that someone might  
be coming for ya  
No one's tryin' to kill you stupid

There's no Norman Bates, peeking in your window  
There's no Patrick Bateman trying to pick you up in  
Limos

You pop another pill to try an' calm your nerves  
But prescriptions make the descriptions a lot worse  
You see in red bursts and then your head hurts  
You shoulda checked under the bed first

Crawling on all 4's, locking all the doors  
You musta flown over the koo-koos nest and lost your  
course  
I thought I told ya, don't let that shit control ya  
'Cause paranoia will destroy you, just a lesson for ya

It's all in your head, you need to unwind  
Your losing your grip, the paranoia never ends  
It's all in your head, what you see in your mind  
There's no reason to trip, the paranoia never ends

When your mind is acting wild and you swear you're  
insane  
Can't nothing help you out of this trap your in?  
You don't know which way to turn and your head is in  
pain  
Can't nothing help you out of this insanity?

Yo, it's paranoia in your brain cells  
You think the world is looking at you but you can't tell  
You need to find yourself a hobby or something and  
stop fronting  
Nobody's out to get you, nobody wants nothing

I think you got a chemical imbalance, when there's  
silence  
You swear you hear talking and sirens  
Maybe it's a different environment that you need  
Whatever it is your minds dying ta be free

You trying to precede with the usual procedures  
Your chest feeling tight, you think you're having  
seizures  
Maybe you just trying to hard to fit in  
You need to let that shit go and get counselling my  
friend

It's all in your head, you need to unwind  
Your losing your grip, the paranoia never ends  
It's all in your head, what you see in your mind  
There's no reason to trip, the paranoia never ends

Never ends, it's in my head  
Gotta unwind, it's in my mind  
(The paranoia never ends)  
Never ends, it's in my head  
It's in my mind, I shouldn't trip  
(The paranoia never ends)  
Never ends

Oh, yeah, it's paranoia, watch out  
It's coming at you duck motherfucker  
You're crazy, you're crazy, man, you're crazy  
I like you, but you're crazy

Visit [Swollen Members](#) page on MotoLyrics.com, to get more lyrics and videos.

---

[MotoLyrics.com](#) | Lyrics, music videos, artist biographies, releases and more.