

Supernova

"Suffer In Silence"

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heart in a bottle
high on a shelf
fragile but just out of reach
cause if you build a fortress
which the distance you keep
but when you heart aches
doesnt it cut deep

you dont have to suffer
suffer in silence
you dont have to suffer
suffer in silence
dont you know that your
heart can feel like an anchor
when you keep it all inside
no no no dont suffer in silence

withered in sadness
and hurting inside
but feeling afraid to impose
so your an island
but you dont have to be
cause if youre inclined
you can talk to me

but you dont have to suffer
suffer in silence
you dont have to suffer
suffer in silence
oh i know that the pain can seem like an ocean
but im just a word away
no no no dont suffer in silence

ill be your sheltar, ill be your retreat
ill be you sheild against the wind
so if you need a shoulder for the tear that you keep
let em come down
let it rain on me

cause you dont have to suffer
suffer in silence

you should never have to suffer
suffer in silence
oh i will hear when youre calling
like a voice above the storm
no no no dont suffer in silence

you dont have to suffer
suffer in silence
you dont have to suffer
suffer in silence
dont you know that your
heart can feel like an anchor
when you keep it all inside
no no no dont suffer in silence

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