

## Elemental Zazen

### "Hanging by a Thread"

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Got me feeling the daily damage  
Walk down streets paved with an-guish  
Can't escape the easiest way to ban-dage  
The universe expanded  
abuse handed to brand  
another mind with signs and the lan-guage  
They know what pain is when it's plan-ted  
Wandering around enchanted  
by everything they tell you is romantic  
You start to panic  
cause you've taken it for granted  
More than semantics  
your opinions stay unfairly slan-ted  
It's dangerous to risk  
Use your religion as a trick  
accept that you exist  
Seek a fix a trip, slit wrists to slip  
Further away from the grip  
you thought you had on the myth  
The sadness is sick tragic to be addic-ted to  
It's fits you like those memories  
you constantly sift through  
Biological fathers dissapear and forget you  
With a pistol to the head  
thinking noone would miss you

Don't push me cause I'm close to the edge  
holding tight to the light for dear life  
Wondering if it's right to give up the fight instead  
Don't push me cause I'm close to the edge  
And sometimes the end feels better than this pretend  
Happiness I defend that's hanging by a thread

All of the fear you're born in-to  
alive within-you  
Makes you question the existen-tial  
So it's no wonder that your disease is men-tal  
And the growth is exponen-tial  
Feeling in place is essen-tial  
But you've never felt safe  
so you never learned the differen-tial

The voices detrimen-tal  
The obsessions are instrumen-tal  
in killing all of your poten-tial  
That's why you hide when the rents-due  
Cause it's a war upon your mind  
and nothing ever defends-you  
only offends-you  
And in the darkness  
the comfort of the thoughts  
and words are what befriend-you  
They got you doing everything you don't intend-to  
Aiming directly at those who don't comprehend you  
The same ones that always think  
that they can always mend you  
They never cared anyway they just pretend to

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You took the stairs to the top  
Now you stare overlooking the drop  
it's their loss If you jump  
Prepare yourself to be caught  
By something you could never understand until you've  
felt it's hands clutch the outcome

You've thought it over and decided it's the best  
you can make of the situation

Standing so close to the inevitable end  
obsessed with desperation

Filled with despair  
apologize for the lives you could never repair  
Thank your parents and friends  
that were never there  
Thank everyone that called you important  
but never cared

Wind on your skin, one with your sins  
flying away  
No regrets at all  
Before the curtains close  
dream of all the prose  
you composed on your final day

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