

## **Distrakted, The**

### **"Beaten Down And Broken"**

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He's starting fights for his Booze money  
As a Riot breaks out we're on the Balcony  
He's going crazy it was a matter of time  
And in the end  
Well, the Game was mine  
He says I need to get better  
Stop Hiding and kick this Habit

I can't stop smiling as my life is turning  
A darker Blue  
What help is there from you

She paid a taxi back to her own place  
I gave it my all at a steady pace  
I slept on her seatee in a state of a daze  
And in the morning  
She was underage  
She says I need to get better  
Stop Hiding and kick this Habit

Mother Superior was an associate of mine  
He'd sell me Drugs at anytime  
One day I OD'd and he called me a Cab  
The next day  
I was on my Back  
I know I need to get better  
Stop Hiding and kick this Habit

I've been Beaten Down and Broken  
Forsaken by the Fallen  
If what I've got in me's so bad  
Then why is it so good?  
My nails are falling apart  
My head is split in Two  
If the help I get is free  
Then why is second payment due  
I'll conquer this affliction  
And better myself yet  
Choose Life and move right on  
And take what I can get

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