

## String Cheese Incident

### "Up The Canyon"

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As I chase that evening sun towards my home,  
Headed up the canyon all alone,  
Worries are behind me fade to black,  
I got my windows down, city to my back.

Quiet Contemplation,  
a few minutes to unwind.  
River's got me hypnotized  
and it slows my busy mind.

I know what's waiting for me up around the next bend;  
I'm up the canyon headed home again.

The sun is sinking low down in the west;  
another working day is put to the test.  
At every turn the air grows cooler as I climb,  
up the canyon I feel better every time.  
Quiet Contemplation,  
a few minutes to unwind.  
River's got me hypnotized  
and I love to smell the pines  
Tomorrow brings another day of working  
Â'Till I'm up the canyon headed home again!

The river cuts a steady course,  
from years of heading' seaward.  
Follow that canyon back upstream.  
The rivers song is pure and true,  
it never ages.  
It's as timeless as a dream.

I know what's waiting for me up around the next bend,  
I'm up the canyon heading' home again!

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