

## Steve Forbert

# "No Running From The Blues"

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### VERSE

Try your pills and powders  
Take your drugs of every kind  
Try your luck with liquor  
Try your luck with beer and wine

### CHORUS

You can try  
Try it any way you choose  
You can try it if you want to  
But it's no use runnin' from the blues

### VERSE

You tried to throw a party  
And the invitations read  
All your friends invited  
But the blues showed up instead

(REPEAT CHORUS)

(INSTRUMENTAL BREAK)

### VERSE

You flown down to Jamaica  
And you walked on off the plane  
Blues stepped up to greet ya  
And he smiled and shook your hand

(REPEAT CHORUS)

### VERSE

It ain't no superstition, child  
The blues is really real  
Get yourself together  
Got to deal with how you feel

(REPEAT CHORUS)

(INSTRUMENTAL OUT)

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