

Starfish Yoga "Better"

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I'm slowly floating off the floor.
My hands are shaking, there's no gravity anymore.
And I'm screaming for someone to help,
'cause I just want to fight this flight.
My body 's spinning and I'm losing time.
Can I force myself to stand in style?

Oh that's better
With right posture
With right posture
Ah, that's better.

When I'm stronger,
It won't matter,
I'll just smile,
And that's better.

A blurry figure grabs my arm.
He started singing and he let me know,
"In floating times just raise your chest."
Now I'm feeling warm cement below.
The sun is shining and I'm thanking it,
'cause my toes can kiss the ground again.

Oh that's better
With right posture
With right posture
Ah, that's better.

When I'm stronger,
It won't matter,
I'll just smile,
And that's better.

Oh

Better, Better
Better! BETTER!

Oh that's better
With right posture
With right posture

Ah, that's better.

When I'm stronger,
It won't matter,
I'll just smile,
And that's better.

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