

Staind "Walls"

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The thoughts in my mind
Command my lips to say I hate you
The thoughts in my mind
Command my hands to cut your silken flesh
The thoughts in my mind
Command my feet to stomp your head
The thoughts in my mind have one question
When will this ever end?

Chorus
Not much to the life I live
Same four walls
I have nothing left to give
Please take it all away
Same four walls

The thoughts from my mind
Feel the pain as rats claw at my flesh
The thoughts from my mind
Feel the joy as the needle hits my vein
The thoughts from my mind
Smell the stench as shit runs down my leg
The thoughts from my mind ask for sanity
Now for this I beg

Chorus (altered 1)
Not much to the life I live
Same four walls
I have nothing left to give
Please take it all away
Same four walls (2x)

My mind
Is like today
Damp, dark, dreary
As the rain falls outside, beating
Going the ground
I can feel it
Slipping away
Dying
Dying, around decay

Dying, like my soul
From the inside out
I can only pray
It won't be long
it won't be long now
It can't be long
It can't be long now
Help me

Where do I go from here?

The thoughts from my mind
Command my lips to say I hate you
The thoughts from my mind
Command my hands to cut your silken flesh
The thoughts from my mind
Command my feet to stomp your head
The thoughts from my mind have one question
When will I be dead?

Chorus (altered 2)

This is the life I have to live
Same four walls
I have nothing left to give
Please take it all away
This is the life I have to live
Same four walls
I have nothing left to give
Please take it all away
Same four walls (4x)

There's nothing left for me....

The Funeral (hidden track)

I will lift up mine eyes onto the hills from whence shall
my help come
My help cometh from the Lord,
Which made heaven and earth
He will not suffer thy foot to be moved
He that keepeth thee will not slumber
Behold, he that keepeth Israel shall neither slumber nor
sleep
The Lord is thy keeper, the Lord is thy shade upon my
right hand
The sun shall not spite thee by day, nor the moon by
night
The Lord shall preserve thee from all evil
He shall preserve thy soul
The Lord shall preserve thy going out and thy coming

From this time forth and forever more

The Lord is thy shepherd
I shall not want
He maketh me to lie down in green pastures
He leadeth me beside distilled waters
He restoreth my soul
He leadeth on paths of righteousness for his name
sake
Yea though I walk to the valley of the shadow death
I will fear no evil for Thou art with me
Thy rod and Thy staff they comfort me
Thou prepareth a table before me in the presence of
mine enemies
Thou anointeth my head with oil, my cup runneth over
Surely goodness and mercy shall follow all the days of
my life
And I will dwell in the house of the Lord, forever

Oh God who art full of compassion
Thou who dwellest up high
Grant perfect rest beneath the shelter of thy divine
presence
In the exalted places among the holy and pure
Who shine as the brightness of the firmament
To all those who have gone to their eternal home
The piety of who's life forms the subject of our
meditation today
We beseech thee oh Lord of compassion
Shelter them evermore under the cover of Thy wings
And let their souls be bound up with bond of life
May they repose in peace may they rest in peace and
let us say Amen

(Reversed Message is the above repeated and
distorted)

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