

## Staind

# "Staind -10- For You"

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To my mother, to my father  
It's your son or it's your daughter  
Are my screams loud enough for  
You to hear me? Should I turn this up for you?

I sit here locked inside my head  
Remembering everything you've said  
The silence gets us nowhere  
Gets us nowhere way too fast

The silence is what kills me  
I need someone here to help me  
But you don't know how to listen  
And let me make my decision

I sit here locked inside my head  
Remembering everything you've said  
The silence gets us nowhere  
Gets us nowhere way too fast

All your insults and your curses  
Make me feel like I'm not a person  
And I feel like I am nothing  
But you made me, so do something  
'Cause I'm fucked up because you all  
Need attention, attention you couldn't give

I sit here locked inside my head  
Remembering everything you've said  
The silence gets us nowhere  
Gets us nowhere way too fast

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