

Staind "It's Been A While"

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And it's been awhile
Since I could hold my head up high
And it's been awhile
Since I first saw you

And it's been awhile
Since I could stand
On my own two feet again
And it's been awhile
Since I could call you

And everything I can remember
As *** up as it all may seem
The consequences that I've rendered
I stretched myself beyond my means

And it's been awhile
Since I can say
That I wasn't addicted
And it's been awhile
Since I can say
I love myself as well

And it's been awhile
Since I've gone and *** things up
Just like I always do
And it's been awhile
But all that *** seems to disappear
When I'm with you

And everything I can remember
As *** up as it all may seem
The consequences that I've rendered
I've gone and *** things up again, again

Why must I feel this way?
Just make this go away
Just one more peaceful day

And it's been awhile
Since I could look at myself straight
And it's been awhile

Since I said I'm sorry

And it's been awhile
Since I've seen the way
The candles light your face
And it's been awhile
But I can still remember
Just the way you taste

And everything I can remember
As *** up as it all may seem to be
I know it's me
I cannot blame this on my father
He did the best he could for me

And it's been awhile
Since I could hold my head up high
And it's been awhile
Since I said I'm sorry

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