

# Staind "Crawling"

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Crawling in my skin

Crawling in my skin

(Without a sense of confidence...)

Consuming, confusing

Crawling in my skin

(Without a sense of confidence and Iâ€™m convinced

That thereâ€™s just too much pressure to take)

Something inside me that pulls beneath the surface

I'm crawling in my skin

(Crawling in my skin)

These wounds, they will not heal

(These wounds won't heal)

The Fear is how I fall

(Fear is how I will fall)

Confusing, confusing what is real...

Confusing what is real...

There's something inside me that pulls beneath the  
surface

Consuming, confusing

This lack of self control I fear is never ending

Controlling

I can't seem

To find myself again

My walls are closing in

(Without a sense of confidence Iâ€™m convinced

That thereâ€™s just too much pressure to take)

I've felt this way before

So insecure

Crawling in my skin

These wounds, they will not heal

Fear is how I fall

Confusing what is real

Discomfort, endlessly has pulled itself upon me

Distracting, reacting

Against my will I stand beside my own reflection

It's haunting how I can't seem...

To find myself again  
My walls are closing in  
(Without a sense of confidence Iâ€™m convinced  
That thereâ€™s just too much pressure to take)  
I've felt this way before  
So insecure...  
(Without a sense of confidence Iâ€™m convinced...  
That thereâ€™s just too much pressure to take)  
(Without a sense of confidence Iâ€™m convinced...  
That thereâ€™s just too much pressure to take)

I can't seem  
To find myself again  
My walls are closing in  
(Without a sense of confidence Iâ€™m convinced  
That thereâ€™s just too much pressure to take)  
I've felt this way before  
So insecure

Crawling in my skin  
These wounds, they will not heal  
Fear is how I fall  
Confusing what is real

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These wounds, they will not heal  
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