## Staind "Bong Hits For Breakfast"

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Getting up in the morning
Pack myself a fresh one for my head
Pour myself a cup of coffee
Try to drag my sorry ass from bed

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast I'm doing bonghits for breakfast

Now it's about lunch time
Smoke another one I'll be fine
Smoke the whole thing to my head and maybe I won't
end up dead
Smoke a lot of pot you see
Cause I don't like reality
It makes me kind of numb to all
the fucked up shit we've got today

There's only one way to start the day That one way for me, I'd have to say Bonghits for breakfast I'm doing bonghits for breakfast

Now it's about supper time
Roll another one I'll be fine
Smoke a lot before I eat and then
I eat too much to see
Then I get the munchies
Then I get real happy
Then I start to come down so i sit down
and I watch TV

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast Doing bonghits for breakfast

Now it's time to go to bed Smoke another one to my head Keep some of my bad dreams away And lets me sleep my night away If I don't smoke weed before I go to bed I have the worst nightmares you've ever seen I don't if I can handle that

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast Im Doing bonghits for breakfast

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Pack myself a fresh one for my head
Pour myself a cup of coffee
Try to drag my sorry ass from bed

There's only one way to start the day
That one way for me, I'd have to say
Doing bonghits for breakfast
I'm Doing bonghits for breakfast
Hydroponic bonghits for breakfast
Bring over bonghits for breakfast
Join me for bonghits for breakfast
Western winds bonghits for breakfast
Bonghits for breakfast
Doing bonghits for breakfast

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