

Staind "Bong Hits 4 Breakfast"

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Get up in the morning
Pack myself a fresh one for my head
Pour myself a cup of coffee
Try to drag my sorry ass from bed

There's only one way to start the day
That one way for me, I'd have to say
Doing bonghits for breakfast
I'm doing bonghits for breakfast

Now it's about lunch time
Smoke another one I'll be fine
Smoke the whole thing to my head
And maybe I won't end up dead
Smoke a lot of pot you see
'Cause I don't like reality
It makes me kind of numb
To all the fucked up shit we've got today

There's only one way to start the day
That one way for me, I'd have to say
Bonghits for breakfast
I'm doing bonghits for breakfast

Now it's about supper time
Roll another one I'll be fine
Smoke a lot before I eat
And then I eat too much to see
Then I get the munchies
Then I get real happy
Then I start to come down
So i sit down and I watch TV

There's only one way to start the day
That one way for me, I'd have to say
Doing bonghits for breakfast
Doing bonghits for breakfast

Now it's time to go to bed
Smoke another one to my head
Keep some of my bad dreams away
And lets me sleep my night away

If I don't smoke weed before I got to bed
I have the worst nightmares you've ever seen
I don't know if I can handle that

There's only one way to start the day
That one way for me, I'd have to say
Doing bonghits for breakfast
Doing bonghits for breakfast

Getting up in the morning
Pack myself a fresh one for my head
Pour myself a cup of coffee
Try to drag my sorry ass from bed

There's only one way to start the day
That one way for me, I'd have to say
Doing bonghits for breakfast
I'm Doing bonghits for breakfast
Hydroponic bonghits for breakfast
Bring over bonghits for breakfast
Join me for bonghits for breakfast
Western winds bonghits for breakfast
Bonghits for breakfast
Doing bonghits for breakfast

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