

## **Spongebob Squarepants "The Sponge"**

Visit "[The Sponge](#)" on [MotoLyrics.com](https://MotoLyrics.com)

All right, you invertebrates.  
I'm gonna teach you how to do the sponge.  
Well, if you take your leg and you stick it in the air,  
And then you take the other one and jam it right up  
there,  
You twist yourself around and give a great big lunge,  
Now you're doin' the sponge.  
Uh, do the sponge, sponge, uh do the sponge,  
Beat your buns you're doin' the sponge.  
Well, now, first you take your leg  
And you stick it in the air,  
And then you take the other one,  
And you jam it right up there,  
You twist yourself around  
And you give a great big lunge,  
Now you're doin', yeah,  
now you're doin' the sponge.

Visit [Spongebob Squarepants](#) page on [MotoLyrics.com](https://MotoLyrics.com), to get more lyrics and videos.