Spineshank "Self Destructive Pattern"

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Feel the tension of rejection Bleach it out with the therapy The confusion and seclusion Turns it into my deformity

Never trust it, maladjusted I've become my own worst enemy The aggravation in my fixation Keeps it all controlled inside of me

See it all collapsing, it's all around me This condition is killing me The isolation still surrounds me In remission but it's killing me

It's what I can't control
What I can't control
What I can't control in me

Born again I feel so hollow Torn again my senses fade Mourn again without the sorrow Born again without the blame

Force a new solution, it's all inside me This condition is killing me The evolution is divided In remission but it's killing me

It's what I can't control
What I can't control
What I can't control in me

Born again I feel so hollow Torn again my senses fade Mourn again without the sorrow Born again without the blame

I can't increase the treatment It won't suppress the feelings Or stop the way I'm getting used to the pain I can't increase the treatment It won't suppress the feelings Or stop the way I'm getting used to the pain

Breaking down Self destructive pattern Breaking down Self destructive pattern

It's what I can't control
What I can't control
What I can't control in me

Born again I feel so hollow Torn again my senses fade Mourn again without the sorrow Born again without the blame

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