

Spineshank "Asthmatic"

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It starts to tear me down destroyed by what I create
It left the nerve exposed
Feels like a lost 'cause
Frustration's all I have left it's what reduced me to this
Turned me against myself
It's still a lost 'cause

I can't keep doing this to myself
But it's the only way to forget who I am

Your disability kept pushing me away
It went beneath what's so real to me
And threw it all away
I underestimated the lengths that you would have gone
To deny who you are
You threw it all away

I will keep doing this to myself
'Cause it's the only way to forget who I am

I never wanted your help, I never needed your help
This failure has to be
All mine all mine now
I'll turn my back on myself
If it's my only way out
It can only help me if it hurts

I won't give into, I won't give into
I won't give into, I won't give into
I won't give into, I won't give into
I won't give into, I won't give into
I won't become one with your lies

I never wanted your help, I never needed your help
This failure has to be
All mine all mine now
I'll turn my back on myself
If it's my only way out
I'm too tired to feel anything anyway

I will keep doing this to myself
'Cause it's the only way to forget who I am

I never wanted your help, I never needed your help
This failure has to be
All mine all mine now
I'll turn my back on myself
If it's my only way out
I'm too tired to feel anything anyway

I have become one with your lies
I have become one with your lies

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