

## Sparks

### "Instant Weight Loss"

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Don't play that riff  
Don't play that riff  
Don't play that riff  
That takes me back  
Instant weight loss

There was a girl y  
She called me Fats  
But in one night  
Instant weight loss

One night, one steamy night  
I'd lose a kilo each hour  
In ten nights, ten steamy nights  
And figure a kilo each hour  
Instant weight loss

Then came this guy  
Some foreign name  
Had chubby hands  
Wore lots of chains  
Instant weight loss

That's it  
What's done is done  
Erase the past if you can  
With ice cream, with coconut pie  
In less than a week I'd undone  
Instant weight loss

Don't play that riff  
She sang that riff  
All through the night  
It's coming back  
I've gained an ounce  
I've gained a pound  
Another pound  
I've gained a ton

So last July  
This girl pulls up

Blonde hair, so what  
She says "hey Fats"  
Instant weight loss  
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