

## So Solid Crew

### "Get Up And Move"

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D-na-nar, d-na-nar ah  
D-na-nar, d-na-nar ah  
D-na-nar, d-na-nar ah  
D-na-nah, yeah!

Harvey comin to get you for real  
Blaze you, lyrically i blaze still  
Erase you, mentally i stay ill  
Thou shalt not kill for real  
It's ill how many people got skill  
worth about, i say, half a mill  
Spit flows that are reel to reel  
Thou shalt not kill, it's deep  
Beats wanna creep  
Beats bring heat  
Beats are your enemies  
Beats are your peeps  
Pray on a enemy that's weak  
Silence, never speak no heat  
Realise it's the game of alites  
Never hide, step forward  
Seek demons nowadays will creep  
feel da beats on da streets

[chorus]  
I say get up an move [what]  
You say get up an move [what]  
We say get up an move [what]  
Everybody say  
I say get up an move [what]  
You say get up an move [waht]  
We say get up an move [what]  
Get up an move [what], get up an move [what]

Projects, hoods an ghettos  
Silhouettes, thugs move like greccos  
Never owe dough, never ever in debbto  
If steppe, get wetto  
Never dis my peeps in da ghetto  
Never letto fame get to my heado  
I go back to the plain English

My wish that fuckers, can stop this shit  
But i know it's reality, jealousy, envy, gluttony  
Comes free, [woah]  
Right now gonna repent dis  
My main aim to flow an rip dis, i  
Dismiss any myth, my wish, i  
Thank God for the gift that i lift  
True supporters that feel my drift  
Harvey, stay strong when i give  
[chorus]

Flows react, so get ready for dat  
An wid da, more you catch you be bubblin' back  
Won't you lure da rats, who just wanna attack  
Rappin my flows, ignorin the foes, in da shows  
Now move your head, listen  
An don't be scared to glisten  
Coz someones always up in ya mission  
Claimin a position  
Lookin for competition, an recognition, it's repetition  
From der young days but dey still be fazed  
They never know dat it's hittin dem more an more so  
Dat seem to hold dem down wa blow  
Continue to rap an never look back  
An live n react, strictly da facts n never da chat  
Livin in faith, gimme a base  
Gimme a breath to pick up da pase an finish da race  
But i'm livin a reality  
Buildin a weak mentality  
But i know what i came here for  
[repeat chorus 2x]

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