

## **Sonicflood**

# **"Trading My Sorrows"**

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I'm trading my sorrows  
I'm trading my shame  
I'm laying them down  
For the joy of the Lord

I'm trading my sickness  
I'm trading my pain  
I'm laying them down  
For the joy of the Lord

We say, yes Lord, yes Lord  
Yes, yes, Lord, yes Lord, yes Lord  
Yes, yes, Lord, yes Lord, yes Lord  
Yes, yes, Lord Amen

I am pressed but not crushed  
Persecuted not abandoned  
Struck down but not destroyed  
I am blessed beyond the curse  
For his promise will endure  
That his joy's gonna be my strength

Though the sorrow may last for the night  
His joy comes with the morning

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